

**Physiotherapy Department
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Letter of Support
Longueville Private Hospital Redevelopment

To Whom it may concern,

I am a Physiotherapist, and I am the Head of the Physiotherapy Department at Royal North Shore Hospital.

I am in support for the development of additional hydrotherapy pools, in this instance at Longueville Private Hospital. There are limited hydrotherapy pools in the lower north shore, these do not currently meet demand and there is growing need.

In my opinion rehabilitation programs require hydrotherapy for the following reasons:

- 1) there are unique benefits conferred through rehabilitation in purpose built hydrotherapy facilities
- 2) aquatic physiotherapy has a strong evidence base supporting effectiveness

As I am a member of the Australian Physiotherapy Association I am also aware that the Aquatic Physiotherapy Interest Group within the association are pressing for more hydrotherapy facilities.

Please contact me with any questions,

Yours sincerely



Gary Rolls *BAppSc(Phty), M.Physiotherapy, MBA, APAM*

Physiotherapy Head of Department

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